



## MEETING NOTES: August 21, 2019

**Visitor:** Jean Engel visited and is a prospective member

**Thought of the Day:** Irv Stone presented a humorous view of gender issues and political correctness with a story about a snowman in front of the house.



**Happy Dollars:** Jann talked about her granddaughter. Pat talked about reading "The Rotarian" magazine. Jackie added a donation and mentioned her grandson and home. Merilee thanked Harvey for an art donation to Gala. John K. appreciated the club social at Joy's house. Kelly Kalfsbeek appreciated the opportunity to speak at our Rotary meeting.



**Interact Club:** Jann explained that Las Lomas High School is receiving our support for their club. Jim showed off the new Interact t-shirts. Interact clubs make lasting bonds with others, locally and internationally. They will sponsor several events. Their motto is "Service Above Self".



**Fundraising:** John King explained how money is raised for Rotary and how it is distributed:

1. Money raised at district level.
2. Money is sent to International and kept for three years.
3. Money is then distributed with 50% to districts and 50% to international projects.
4. District money is then divided up with 50% going to local projects and 50% going to international projects.



**Raffle:** The raffle now has a \$874 pot. Jann and Marlene each won a bottle of wine.

## ANNOUNCEMENTS

**Social Club:** Jim announced that the Social Club will meet monthly from now on. They are currently finalizing location for these events.

Jann highlighted a few upcoming events:

- Alzheimer's Seminar on Tuesday, September 27, 8:30 to 12:30 in the Fireside
- The next Rotary Club meeting is at Sportsmen's Park.
- Lafayette Rotary Golf Tournament at the Moraga Country Club is November 16<sup>th</sup>.
- Expect fundraising for Club Interact in the future.

## PROGRAM

Kelly Kalfsbeek, a social worker for the Contra Costa Crisis Center, explained the organization's mission and services. The mission of the Contra Costa Crisis Center is to keep people alive and safe, help them through crises, and provide or connect them with culturally relevant services in the community. They provide a broad variety of services either directly or indirectly including:



- Grief counseling services
- Homeless individuals and families are referred to shelter, daytime drop-in care centers, the CORE homeless outreach team, emergency food, job training, healthcare, mental health counseling, transportation, substance abuse treatment, and other services.
- The Crisis On-site Mobile Grief Response Team provides a rapid, field-based response for grief and crisis counseling at schools and businesses following a death, disaster, or other critical incident.
- The "Help Me Grow" program focuses on babies, young children, and the people who love them. It provides early detection, referral, and treatment for children with developmental or behavioral concerns. They answer parents' everyday questions about their children, from ages 0-5.
- They provide training to others in the area of suicide prevention and intervention and grief, trauma and loss.
- Often their services address the needs of former inmates, immigrants, the homeless, the medically indigent, and the unemployed.

She asked that we spread the word about the various services available. For someone in need of immediate help in a crisis, he/she should call 211 or 800-833-2900 or text 'HOPE' to 20121. Doing so will quickly put the individual in touch with one of our call specialists. Kelly can be reached at 925-939-1916. The Contra Costa Crisis Center is open 24/7. The website is [www.crisis-center.org](http://www.crisis-center.org).

## CALENDAR

Today	Club Picnic, Sportsman's Park, Hillside Charles Martinez – Bishop Ranch "City Center" Project
Sept. 4	Joe Morgan – Optimism is the Only Realism

